

# Chronic Condition Spotlight

## Diabetes

Chronic conditions are more than just personal health challenges – they’re among the leading causes of death and disability in the United States. In Colorado, 22% of the state’s population has a chronic condition, and most of them (68%) are managing more than just one.

CIVHC’s research team created a comprehensive [Chronic Conditions Analysis](#) that sheds light on 30 chronic diseases to reveal trends in prevalence, costs, and overall spending from 2017 to 2023.

Below is a spotlight on the prevalence and trends of diabetes in adults from Colorado, which was pulled from data published in the full report. Visit our website at [civhc.org](https://civhc.org) to learn more.

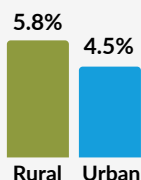


## Diabetes Colorado Trends & Analysis

From 2017 - 2023, average per person per year (PPPY) costs for adults with diabetes increased by 33%



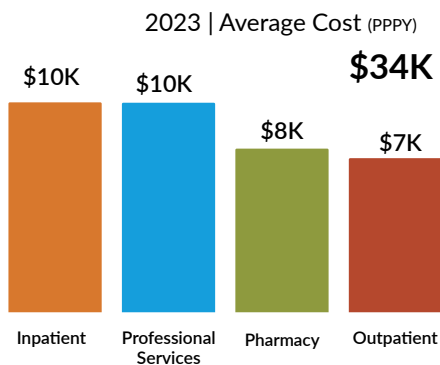
Rural communities had a higher percentage of adults with diabetes than those in urban areas



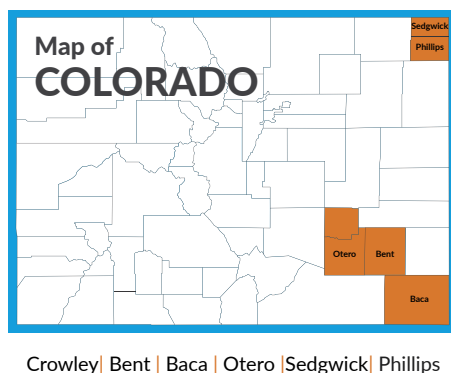
Adults aged 65 and older made up the largest share of individuals with diabetes



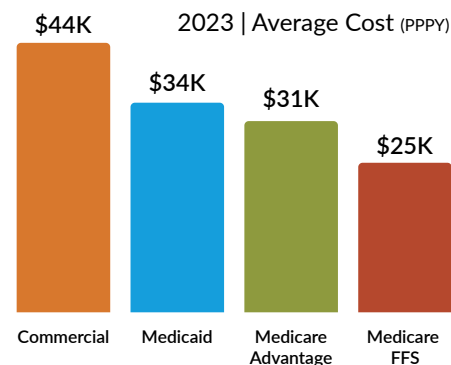
### Cost Analysis



### Highest Prevalence by County



### Costs by Insurer



## About the Findings

CIVHC’s Chronic Conditions Analysis leverages data from the Colorado All Payer Claims Database (CO APCD). The costs shown reflect the total health care costs per person per year (PPPY), not just the cost to treat the condition itself. The map of Colorado represents breast cancer prevalence for the eligible population of claimants in CO APCD. Unless otherwise noted, stats reflect 2023 data.