### **Background**

Alternative Payment Models (APMs) are ways health insurance payers pay providers outside of the traditional Fee-for-Service (FFS) payment model. APMs are nationally regarded as a way to improve health and lower health care costs by incentivizing providers to focus on health outcomes. In September 2019, the Center for Improving Value in Health Care (CIVHC) began collecting APM information from health insurance payers in Colorado for the first time. This data, coupled with traditional Fee-for-Service (FFS) claims being submitted to the Colorado All Payer Claims Database (CO APCD), enables important insights into Colorado's movement toward adopting APMs, aimed at lowering health care costs and improving care.

CIVHC collects an annual APM file from health insurance payers in September of each year. This report is based on files submitted in September of 2024 and contains APM information for 2021, 2022, and 2023. The public report available at <a href="https://www.civhc.org">www.civhc.org</a> shows Colorado payer progress toward paying through APMs. An <a href="interactive report">interactive report</a> and a downloadable Excel file are available for users to understand various aspects of APMs. The report includes:

- Trends over time.
- Categories of APMs utilized according to the <u>Health Care Payment Learning and Action Network</u> (HCP LAN) categories.
- Breakouts by payer type (Medicare Advantage, Medicaid, CHP+ and commercial payers).

This document provides an overview of the methodology used to calculate the information in the report and caveats that users should keep in mind when viewing and interpreting the data.

#### **Overview of Methods**

Medical and primary care payments were calculated utilizing non-claim payments collected through the APM files and claim payments submitted through the CO APCD by payers who were exempt from submitting an APM file (see below for payer exemptions). The approach to defining primary care payments in the CO APCD was informed by the <a href="Primary Care Payment Reform Collaborative">Primary Care Payment Reform Collaborative</a> (the Collaborative) and operationalized with input from the Collaborative members and the Division of Insurance (DOI). The Collaborative also recommended collecting APM data using the nationally recognized Health Care Payment Learning and Action Network (HCP LAN) Alternative Payment Model framework. More information on the HCP LAN initiative and the APM framework can be found <a href="here">here</a>. More details on the submission instructions for payers can be found <a href="here">here</a>.

#### Data sources

This report was developed from **two sources** of data: 1) the annual Alternative Payment Model (APM) files submitted by payers using alternative payments to providers, and 2) claims submitted by payers to the Colorado All Payer Claims Database (CO APCD). Pharmacy and Dental claims are not included.

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In addition to data collected from the Colorado Department of Health Care Policy & Financing (HCPF), CIVHC collects Medicaid data from multiple entities, including Managed Care Organizations (MCOs), Health Maintenance Organizations (HMOs) and Regional Accountable Entities (RAEs). Each organization submits an APM file that includes payments made directly from the organization to medical providers. To ensure that Medicaid payments are not double-counted, HCPF payments to other Medicaid organizations are not included in the report. This report only includes Medicaid payments made directly to providers from HCPF, MCOs/HMOs, and RAEs. CIVHC met with each organization multiple times to confirm that the expenditures submitted in their file adhered to this instruction, that statewide programs (e.g. Accountable Care Collaborative) were represented consistently in each submission, and that CIVHC represented the complex Medicaid landscape accurately in this analysis.

• Important to note, Medicaid covers long-term care and home and community-based services that other payers do not cover. This analysis did not exclude those payments.

#### What makes up Primary Care payments?

CIVHC used the definition of primary care established by the Collaborative for this report and the <u>report delivered</u> to the Primary Care Collaborative. Primary care payments represent payments made to primary care providers for primary care services and includes services delivered by behavioral health providers who practice in an integrated primary care setting.

The primary care definition consists of two components that payers add together to product total claim-based primary care payments:

- a. Outpatient services delivered by primary care providers (which includes OB/GYN providers), defined by a combination of primary care provider taxonomy and primary care CPT-4 procedure codes.
- b. Outpatient services delivered by behavioral health providers, nurse practitioners, and physician assistants (other provider taxonomies), defined by a combination of the "other" provider taxonomies and primary care CPT-4 procedure codes and billed by a primary care provider (defined by primary care taxonomy).

Primary care calculations include services delivered in an outpatient setting and exclude facility claims and inpatient services.

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#### **Definitions**

All APM Payments: All medical service payments sourced only from the APM submissions.

• Please note that alternative payment models can include some fee-for-service. See example below.

**Total Payments:** All medical services payments. This calculation includes both the health plan portion and the member (patient) portion. The sources for this calculation are from the following **two sources**: 1) the total APM payments spending from payers that were required to submit an APM file, and 2) FFS claims in the CO APCD for payers exempt from submitting an APM file.

**APM Payments for Primary Care:** Payments made to primary care providers (providers associated with taxonomies in the DSG primary care definition), sourced only from the APM submissions.

• Please note that alternative payment models can include some fee-for-service payments. An example of this is LAN category 2C: Pay for Performance. This model rewards providers who perform well on quality metrics or penalizes providers who do not perform well by increasing or decreasing their FFS baseline. For example, suppose the provider is treating a patient with asthma. In that case, the quality measure tied to the provider's performance could be reducing emergency room visits. A provider who can teach an asthma patient how to treat their condition effectively at home and thus reduce the number of trips the patient takes to the emergency department can increase their FFS baseline payments.

**Total Payments for Primary Care:** Payments for primary care services as defined in the <u>Data Submission</u> <u>Guide</u> that are tied to a FFS claim or an APM. The calculation includes both the health plan portion and the member (patient) portion. The numbers for this calculation come from two sources: 1) FFS claimbased and APM spending identified as primary care from payers that were required to submit an APM file, and 2) FFS claims that qualify as primary care in the CO APCD for payers exempt from submitting an APM file.

**All Payers:** All payers in this report include Medicare Advantage, Medicaid, CHP+ and commercial payers in the CO APCD. Please see below for a list of commercial payers who are exempt from reporting APMs to the CO APCD.

 Medicaid and Child Health Plan Plus (CHP+): Medicaid payer type in this analysis represents individuals only on Medicaid, while CHP+ only represents children and pregnant women on CHP+. The populations are mutually exclusive.

**Integrated Payer-Provider Systems:** Filters are available in the report to enable users to understand how Colorado is doing on APMs with and without integrated payer-provider systems payments. Several Colorado payers are structured as integrated payer-provider systems and have a high proportion of APM payments compared to other commercial payers. These payers represent around a quarter of the commercially insured lives in Colorado but drive a large portion of the APM spending in the state.

**Fee for Service (FFS):** Payments made to providers on a per-service basis.

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**Alternative Payment Models (APM):** Payments made to providers outside an FFS model that are intended to incentivize cost-effective, high quality care.

**HCP LAN APM Categories:** Nationally recognized categories of APMs based on the Health Care Payment Learning and Action Network (HCP LAN). See below for definitions or click here for more information.

**Value Based APM Payments:** Excludes non-value-based payments, LAN categories 3N and 4N, which are not linked to quality and are therefore not considered value-based.

**% APM of Total Payments:** Total dollars spent on APMs (provided by payers through an annual APM file), divided by Total Payments (combination of payments received by *all* payers through monthly claim-level submissions to the CO APCD, AND APM files).

**% APM of Total Primary Care Payments**: APM payments for primary care services as a percent of total primary care payments.

% of APM Payments by LAN Category Type: APM categories as a percentage of total APM spending.

#### **Calculations**

| Measure                | Calculation   |  |
|------------------------|---|--|
| Total Payments (All    | ALL APM payments + FFS payments                                     |  |
| Medical)               | (includes Primary Care claims)                                      |  |
| Total Primary Care     | APM payments for Primary Care Services +                            |  |
| Payments               | FFS payments for Primary Care Services                              |  |
| All APMs Payments      | Includes ALL LAN categories:  |  |
|                        | 2A + 2B + 2C+ 3A+ 3B + <b>3N</b> + 4A + 4B+ 4C+ <b>4N</b>           |  |
| Value Based (VB) APM   | Excludes non-value-based categories (3N and 4N):                    |  |
| Payments               | 2A + 2B + 2C+ 3A+ 3B +4A + 4B+ 4C                                   |  |
| % All APM of Total     | All APM total ÷ Total Payments (All Medical)                        |  |
| Payments (All Medical) |   |  |
| % Total Primary Care   | (APM payments for Primary Care Services +                           |  |
| Payments of Total      | FFS payments for Primary Care Services)                             |  |
| Payments               | ÷ -   |  |
|                        | Total Payments (All Medical)  |  |
|                        |   |  |
| % APM VB of Total      | APM VB total ÷ Total Payments (All Medical)                         |  |
| Medical Payments       |   |  |
| % All APM of Total     | All APM total for primary care services ÷ All Primary Care Payments |  |
| Primary Care Payments  |   |  |
| % APM VB of Total      | APM VB total for primary care services ÷ All Primary Care Payments  |  |
| Primary Care Payments  |   |  |
| % of APM Payments by   | LAN Category ÷ ALL APMs   |  |
| LAN Category Type      | (excludes FFS payments)   |  |

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#### **Considerations and Caveats**

To facilitate the adoption of the HCP LAN framework to define the APM data submission, CIVHC and DOI held several calls with payers, received expert consultation from Catalyst for Payment Reform, and engaged in one-on-one discussions and technical assistance with payers. In order to validate payer submissions, CIVHC evaluated submissions by payer compared to last year's submissions and also provided a summary of the submissions to payers and asked the CEO/CFO at each organization to attest to their data as submitted. The attestation process helps payers ensure that their data when summarized and analyzed is reflective of what they would expect, and provides an additional level of validation to ensure data quality, integrity, and accuracy. All payers attested to the information submitted in their APM files for the current analysis. The validation process helps ensure the data submitted by the payers provides the most accurate representation of APMs possible. However, because this is self-reported data, CIVHC is unable to ensure 100% accuracy of the results.

Beyond the broad limitations, readers of this report should consider the following:

- Several Colorado payers are structured as integrated payer-provider systems and have a high
  proportion of APM payments compared to other commercial payers. These payers represent around
  a quarter of the commercially insured lives in Colorado but drive a large portion of the APM
  payments in the state. Filters are available in the report to enable users to understand how Colorado
  is doing on APMs with and without integrated payer-provider system payments.
- CIVHC receives claims and non-claims submissions from both, the Medicaid State Agency, and the
  Medicaid Regional Accountable Entities organizations. To eliminate redundant payments submitted
  by Medicaid and the Medicaid Regional Accountable Entities (RAEs), CIVHC asked RAEs only to report
  non-claim payments made directly to providers. Payments from Medicaid to the RAE/MCOs (i.e.,
  payments from one payer entity to another) were not included in the APM calculations. This
  eliminates the primary source of data redundancies; however, it makes Medicaid's reported
  payments through APMs appear lower.
- The definition of primary care relies on provider taxonomy requirements. CIVHC could not validate some payer's claims-based primary care payments data against claims submitted to the CO APCD due to payer differences in associated taxonomy codes for providers. In future iterations, CIVHC plans to use an additional external source to validate providers' primary care designation.

### **Payer Exemptions**

A handful of active medical claims submitters to the CO APCD were exempt from submitting an APM file because they are not involved in APM payments to providers. Further, some medical claims submitters only administrate claims on behalf of Medicare Supplemental members, and Medicare Supplemental data is not intended to be included in the APM submission. Payments for these payers are calculated using the CO APCD and reported separately. Below is the list of medical submitters that only reimburse providers on an FFS basis or only submit Medicare Supplemental data:





| Carrier   | Exemption Reason |
|---|------------------|
| United Health Care (Individual, student, and Med Sup submitter codes) | FFS only         |
| UMR   | FFS only         |
| American Enterprise   | FFS only         |
| Friday Health Plans   | FFS only         |
| AmeriBen/IEC Group  | FFS only         |
| UCHealth Plan Administrators  | FFS only         |
| Meritain Health   | FFS only         |
| HealthSmart Benefit Solutions   | FFS only         |
| HealthScope Benefits  | FFS only         |
| Allegiance Benefit Plan Management                                    | FFS only         |
| Humana*   | FFS Only         |
| State Farm  | Med Sup          |
| Physicians Mutual   | Med Sup          |
| USAA Enterprise   | Med Sup          |
| Insurance Administration  | Med Sup          |
| C.S.I. Life   | Med Sup          |
| Aflac   | Med Sup          |

<sup>\*</sup>Humana does not use alternative payment models in their commercial line of business and requested a waiver for their Medicare Advantage line of business.

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### **LAN Payment Arrangement Categories**

Health Care Payment Learning & Action Network. <u>Alternative Payment Models APM Framework</u>.

| Category Code | Value   | Definition/Example   |
|---------------|---|--|
| 01            | Fee for Service   | Payments made on a traditional fee-<br>for-service model, no link to quality<br>and value. These are traditional FFS<br>payments that are not adjusted to<br>account for infrastructure<br>investments, provider reporting of<br>quality data, for provider performance<br>on cost and quality metrics. Diagnosis-<br>related groups (DRGs) that are not<br>linked to quality are included in<br>Category 1. |
| 2A            | Foundational Payments for Infrastructure and Operations | Payments for infrastructure investments that can improve the quality of patients care (e.g., payments designated for staffing a care coordination nurse or upgrading to electronic health records).  |
| 2B            | Pay for Reporting                                       | Payments (incentives or penalties) to report quality measurement results.  |
| 2C            | Pay-for-Performance                                     | Payments (incentives or penalties) based on performance in meeting goals for quality measures (e.g. bonuses for quality performance).  |
| 3A            | APMs with SharedSavings                                 | Payments representing a share of the savings generated when a cost or utilization target is met and if quality targets are met. Does not includepenalties when cost or utilization targets are not met (e.g., shared savings with upside risk only).   |





| 3B | APMs with Shared Savings and DownsideRisk  | Payments representing a share of the savings generated when a cost or utilization target is met and if quality targets are met. Includes penalties representing a portion of the losses that result when a cost or utilization target is not met (e.g., episode-based payments for procedures and comprehensive payments with upside and downside risk).   |
|----|--|--|
| 3N | Risk Based Payments NOT Linked to Quality  | Payments representing a share of savings generated when a cost or utilization target is met and no quality targets exist (e.g., episodebased payments for procedures without quality measures and targets).  |
| 4A | Condition-SpecificPopulation-Based Payment | Payments for the comprehensive treatment of specific conditions (e.g., payments for specialty services, such as oncology or mental health). Bundled payments for cancer care fall under Category 4A if providers are responsible for the total cost and quality of care for a patient, rather than covering only chemotherapy payments. Also, payments that are prospective and population-based and cover all care delivered by particular types of clinicians (e.g., orthopedics). |



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| 4B | Comprehensive Population-Based Payment   | Payments that are prospective and population-based, and cover all an individual's health care needs. Category 4B encompasses a broad range of financing and delivery system arrangements, in which payers and providers are organizationally distinct, (e.g. global budgets or full/percent of premium payments).   |
|----|--|---|
| 4C | Integrated Finance and Delivery System   | Payments that also cover comprehensive care, but unlike Category 4B payments, they move from the financing arm to the delivery arm of the same, highly integrated finance and delivery organization. In some cases, these integrated arrangements consist of insurance companies that own provider networks, while in other cases they consist of delivery systemsthat offer their own insurance products (e.g. global budgets or full/percent of premium payments in integrated systems) |
| 4N | Capitated Payments NOT linked to Quality | Payments that are prospective and population-based, but not linked to quality.  |





For more information about this report, please contact us at <a href="mailto:info@civhc.org">info@civhc.org</a>.

## **Primary Care Provider Taxonomies**

| Taxonomy Code | Description                                      | Taxonomy Type |
|---------------|--|---------------|
| 261QF0400X    | Federally Qualified Health Center                | Organization  |
| 261QP2300X    | Primary care clinic                              | Organization  |
| 261QR1300X    | Rural Health Center                              | Organization  |
| 261QC1500X    | Community Health                                 | Organization  |
| 261QM1000X    | Migrant Health                                   | Organization  |
| 261QP0904X    | Public Health, Federal                           | Organization  |
| 261QS1000X    | Student Health                                   | Organization  |
| 207Q00000X    | Physician, family medicine                       | Individual    |
| 207R00000X    | Physician, general internal medicine             | Individual    |
| 208000000X    | Physician, pediatrics                            | Individual    |
| 208D00000X    | Physician, general practice                      | Individual    |
| 363LA2200X    | Nurse practitioner, adult health                 | Individual    |
| 363LF0000X    | Nurse practitioner, family                       | Individual    |
| 363LP0200X    | Nurse practitioner, pediatrics                   | Individual    |
| 363LP2300X    | Nurse practitioner, primary care                 | Individual    |
| 363LW0102X    | Nurse practitioner, women's health               | Individual    |
| 363AM0700X    | Physician's assistant, medical                   | Individual    |
| 207RG0300X    | Physician, geriatric medicine, internal medicine | Individual    |
| 2083P0500X    | Physician, preventive medicine                   | Individual    |
| 364S00000X    | Certified clinical nurse specialist              | Individual    |



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| 163W00000X   | Nurse, non-practitioner                                       | Individual |
|--------------|---|------------|
| 163 ***00000 | Allopathic & Osteopathic Physicians/Family                    |            |
| 207QG0300X   | Medicine, Geriatric Medicine                                  | Individual |
| 207QA0000X   | Family Medicine - Adolescent Medicine                         | Individual |
| 207QA0505X   | Family Medicine - Adult Medicine                              | Individual |
| 207QB0002X   | Family Medicine - Obesity Medicine                            | Individual |
| 207QG0300X   | Family Medicine - Geriatric Medicine                          | Individual |
| 207QS0010X   | Family Medicine - Sports Medicine                             | Individual |
| 207RA0000X   | Internal Medicine - Adolescent Medicine                       | Individual |
| 207RB0002X   | Internal Medicine - Obesity Medicine                          | Individual |
| 207RS0010X   | Internal Medicine - Sports Medicine                           | Individual |
| 2080A0000X   | Pediatrics - Adolescent Medicine                              | Individual |
| 2080B0002X   | Pediatrics - Obesity Medicine                                 | Individual |
| 2080S0010X   | Pediatrics - Sports Medicine                                  | Individual |
| 363LC1500X   | Nurse Practitioner - Community Health                         | Individual |
| 363LG0600X   | Nurse Practitioner - Gerontology                              | Individual |
| 363LS0200X   | Nurse Practitioner - School                                   | Individual |
| 364SA2200X   | Clinical Nurse Specialist - Adult Health                      | Individual |
| 364SCI501X   | Clinical Nurse Specialist - Community<br>Health/Public Health | Individual |
| 364SC2300X   | Clinical Nurse Specialist - Chronic Health                    | Individual |
| 364SF0001X   | Clinical Nurse Specialist - Family Health                     | Individual |
| 364SG0600X   | Clinical Nurse Specialist - Gerontology                       | Individual |
| 364SH1100X   | Clinical Nurse Specialist - Holistic                          | Individual |
| 364SP0200X   | Clinical Nurse Specialist - Pediatrics                        | Individual |
| 364SS0200X   | Clinical Nurse Specialist - School                            | Individual |





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| 364SW0102X | Clinical Nurse Specialist - Women's Health   | Individual |
|------------|--|------------|
| 207V00000X | Physician, obstetrics and gynecology   | OB/GYN     |
| 207VG0400X | Physician, gynecology  | OB/GYN     |
| 363LX0001X | Nurse practitioner, obstetrics and gynecology  | OB/GYN     |
| 367A00000X | Physician Assistants & Advanced Practice<br>Nursing Providers/Midwife, Certified Nurse | OB/GYN     |
| 207VX0000X | OB/GYN- Obstetrics   | OB/GYN     |

## **Other Primary Care Provider Taxonomies**

| Taxonomy Code | Description  | Taxonomy Type         |
|---------------|--|-----------------------|
| 363L00000X    | Nurse practitioner   | Nurse Practitioner    |
| 363A00000X    | Physician's assistant  | Physician's Assistant |
| 2084P0800X    | Physician, general psychiatry  | Behavioral Health     |
| 2084P0804X    | Physician, child and adolescent psychiatry   | Behavioral Health     |
| 363LP0808X    | Nurse practitioner, psychiatric  | Behavioral Health     |
| 1041C0700X    | Behavioral Health & Social Service<br>Providers/Social Worker, Clinical                          | Behavioral Health     |
| 2084P0805X    | Allopathic & Osteopathic Physicians/<br>Psychiatry & Neurology, Geriatric Psychiatry             | Behavioral Health     |
| 2084H0002X    | Allopathic & Osteopathic Physicians/<br>Psychiatry & Neurology, Hospice & Palliative<br>Medicine | Behavioral Health     |
| 261QM0801X    | Ambulatory Health Care<br>Facilities/Clinic/Center, Mental Health-<br>CMHC                       | Behavioral Health     |
| 101Y00000X    | Counselor  | Behavioral Health     |
| 101YA0400X    | Counselor - Addiction (SUD)  | Behavioral Health     |



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| 101YM0800X | Counselor - Mental Health (Note: Counselor working in MAT programs in FQHC)      | Behavioral Health |
|------------|--|-------------------|
| 101YP1600X | Counselor - Pastoral   | Behavioral Health |
| 101YP2500X | Counselor - Professional (Note: Counselor in FQHC)                               | Behavioral Health |
| 101YS0200X | Counselor – School   | Behavioral Health |
| 102L00000X | Psychoanalyst  | Behavioral Health |
| 103T00000X | Psychologist (Note: Clinical Psychologist in FQHC)                               | Behavioral Health |
| 103TA0400X | Psychologist - Addiction   | Behavioral Health |
| 103TA0700X | Psychologist - Adult Development and Aging (Note: Clinical Psychologist in FQHC) | Behavioral Health |
| 103TB0200X | Psychologist - Cognitive and Behavioral  | Behavioral Health |
| 103TC0700X | Psychologist - Clinical  | Behavioral Health |
| 103TC1900X | Psychologist - Counseling  | Behavioral Health |
| 103TC2200X | Psychologist - Clinical Child & Adolescent                                       | Behavioral Health |
| 103TE1000X | Psychologist - Educational   | Behavioral Health |
| 103TE1100X | Psychologist - Exercise & Sports   | Behavioral Health |
| 103TF0000X | Psychologist - Family  | Behavioral Health |
| 103TH0004X | Psychologist - Health  | Behavioral Health |
| 103TH0100X | Psychologist - Health Service  | Behavioral Health |
| 103TM1700X | Psychologist - Men & Masculinity   | Behavioral Health |
| 103TM1800X | Psychologist - Mental Retardation & Developmental Disabilities                   | Behavioral Health |
| 103TP0016X | Psychologist - Prescribing (Medical)   | Behavioral Health |
| 103TP0814X | Psychologist - Psychoanalysis  | Behavioral Health |
| 103TP2700X | Psychologist - Psychotherapy   | Behavioral Health |
|            |  | ·                 |





| 103TP2701X | Psychologist - Group Psychotherapy                          | Behavioral Health |
|------------|---|-------------------|
| 103TR0400X | Psychologist - Rehabilitation                               | Behavioral Health |
| 103TS0200X | Psychologist - School                                       | Behavioral Health |
| 103TW0100X | Psychologist - Women  | Behavioral Health |
| 104100000X | Social Worker   | Behavioral Health |
| 1041S0200X | Social Worker - School                                      | Behavioral Health |
| 106H00000X | Marriage & Family Therapist (Note: Psychotherapist in FQHC) | Behavioral Health |

## **Primary Care Services (CPT-4 Procedure Codes)**

| Procedure Code | Description                   |
|----------------|-------------------------------|
| 10060          | DRAINAGE OF SKIN<br>ABSCESS   |
| 10061          | DRAINAGE OF SKIN<br>ABSCESS   |
| 10080          | DRAINAGE OF PILONIDAL<br>CYST |
| 10120          | REMOVE FOREIGN BODY           |
| 10121          | REMOVE FOREIGN BODY           |
| 10160          | PUNCTURE DRAINAGE OF LESION   |
| 11000          | DEBRIDE INFECTED SKIN         |
| 11055          | TRIM SKIN LESION              |