



CENTER FOR IMPROVING
VALUE IN HEALTH CARE

CHRONIC CONDITIONS Employer Standard Report

What is a Chronic Condition?

Chronic conditions are broadly defined as conditions that last one year or more and require ongoing medical attention or limit activities of daily living or both. Chronic conditions such as heart disease, cancer and diabetes are the leading causes of death and disability in the U.S. and result in high cost of care and poor health if not treated according to guidelines.

Did You Know?

- Having more than one chronic condition can greatly increase cost of care and limit the activities of daily living, including workplace productivity, for your employees.
- Many chronic conditions have potentially avoidable complications (PACs) that increase costs such as Emergency Department visits and hospitalizations.

What Can You Learn?

- How much you're spending on the top 5 chronic conditions impacting your employees.
- How costs can change for those services based on whether an employee has one condition or multiple, and how your costs compare to statewide and other counties/regions.
- How much you're spending on Potentially Avoidable Complications (PACs).
- Why people with certain conditions are going to the Emergency Department, and more.

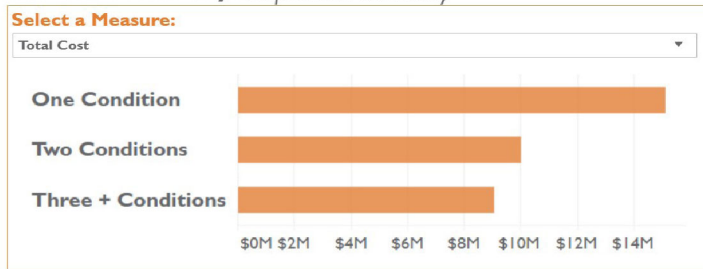
How Can You Use it?

- Use this report to identify where to focus education and wellness programs for your employees and their families that can save money while ensuring they receive the care they need.
- Motivate your employees to manage their chronic conditions by considering benefit designs like waiving co-pays for prescription drug fills and office visits.

Top 5 Chronic Conditions

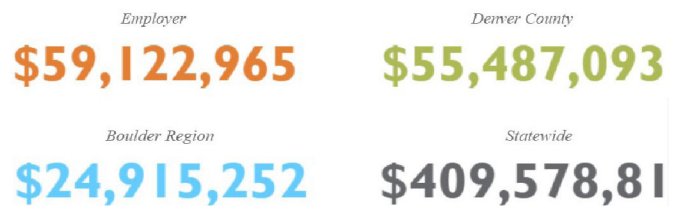
Episode Description	EP	Episode Count	% Prevalence
Depression & Anxiety		17,554	6.7%
Hypertension		13,694	5.3%
Low Back Pain		8,833	3.4%
Gastro-Esophageal Reflux Disease		6,834	2.6%
Allergic Rhinitis/Chronic Sinusitis		6,949	2.7%

Member Summary - Depression & Anxiety



*Total cost over the five years (2015-2020) that the report covers

Total Cost



Contact us to schedule a demo today! • coloradoapcd@civhc.org • 720-583-2095