

# **COLORADO ALTERNATIVE PAYMENT MODEL ANALYSIS**

**METHODOLOGY, February 2023** 

#### BACKGROUND

Alternative Payment Models (APMs) are ways health insurance payers pay providers outside of the traditional Fee-for-Service (FFS) payment model. APMs are nationally regarded as a way to improve health and lower health care costs by incentivizing providers to focus on health outcomes. In September 2019, the Center for Improving Value in Health Care (CIVHC) began collecting APM information from health insurance payers in Colorado for the first time. This data, coupled with traditional Fee-for-Service (FFS) claims being submitted to the <u>Colorado All Payer Claims Database (CO APCD</u>), enables important insights into Colorado's movement toward adopting APMs, aimed at lowering health care costs and improving care.

CIVHC collects an annual APM file from health insurance payers in September of each year. This report is based on files submitted in September of 2022 and contains APM information for 2019, 2020, and 2021. The public report available at <u>www.civhc.org</u> shows Colorado payer progress toward paying through APMs. An <u>interactive report</u> and a downloadable Excel file are available for users to understand various aspects of APMs. The report includes:

- Trends over time.
- Categories of APMs utilized according to the <u>Health Care Payment Learning and Action</u> <u>Network</u> (HCP LAN) categories.
- Breakouts by payer type (Medicare Advantage, Medicaid, CHP+ and commercial payers).

This document provides an overview of the methodology used to calculate the information in the report and caveats that users should keep in mind when viewing and interpreting the data.

### **OVERVIEW OF METHODS**

Medical and primary care payments were calculated utilizing non-claim payments collected through the APM files and claim payments submitted through the CO APCD by payers who were exempt from submitting an APM file (see below for payer exemptions). The approach to defining primary care payments in the CO APCD was informed by the <u>Primary Care Payment Reform Collaborative</u> (the Collaborative) and operationalized with input from the Collaborative members and the Division of Insurance (DOI). The Collaborative also recommended collecting APM data using the nationally recognized Health Care Payment Learning and Action Network (HCP LAN) Alternative Payment Model framework. More information on the HCP LAN initiative and the APM framework can be found <u>here</u>. More details on the submission instructions for payers can be found <u>here</u>.

#### **Data Sources**

This report was developed from **two sources** of data: 1) the annual Alternative Payment Model (APM) files submitted by payers using alternative payments to providers, and 2) claims submitted by payers to the Colorado All Payer Claims Database (CO APCD). Pharmacy and Dental claims are not included.

In addition to data collected from the Colorado Department of Health Care Policy & Financing (HCPF), CIVHC collects Medicaid data from multiple entities, including Managed Care Organizations (MCOs), Health Maintenance Organizations (HMOs) and Regional Accountable Entities (RAEs). Each organization submits an APM file that includes payments made directly from the organization to medical providers. To ensure that Medicaid payments are not double-counted, HCPF payments to other Medicaid organizations are not included in the report. This report only includes Medicaid payments made directly to providers from HCPF, MCOs/HMOs, and RAEs. CIVHC met with each organization multiple times to confirm that the expenditures submitted in their file adhered to this instruction, that statewide programs (e.g. Accountable Care Collaborative) were represented consistently in each submission, and that CIVHC represented the complex Medicaid landscape accurately in this analysis.

• Important to note, Medicaid covers long-term care and home and community-based services that other payers do not cover. This analysis did not exclude those payments.

## WHAT MAKES UP PRIMARY CARE PAYMENTS?

CIVHC used the definition of primary care established by the Collaborative for this report and the <u>report delivered</u> to the Primary Care Collaborative. Primary care payments represent payments made to primary care providers for primary care services and includes services delivered by behavioral health providers who practice in an integrated primary care setting.

The primary care definition consists of two components that payers add together to produce total claim-based primary care payments:

- a. Outpatient services delivered by primary care providers (which includes OB/GYN providers), defined by a combination of primary care provider taxonomy and primary care CPT-4 procedure codes.
- b. Outpatient services delivered by behavioral health providers, nurse practitioners and physician assistants (other provider taxonomies), defined by a combination of the "other "provider taxonomies and primary care CPT-4 procedure codes AND billed by a primary care provider (defined by primary care taxonomy).

Primary care calculations include services delivered in an outpatient setting and **excludes** facility claims and inpatient services.

#### **DEFINITIONS**

All APM Payments: All medical service payments sourced only from the APM submissions.

• Please note that alternative payment models can include some fee-for-service. See example below.

**Total Payments:** All medical services payments. This calculation includes both the health plan portion and the member (patient) portion. The sources for this calculation are from the following **two sources**: 1) the total APM payments spending from payers that were required to submit an APM file, and 2) FFS claims in the CO APCD for payers exempt from submitting an APM file.

Total payments do not include Medicare FFS or ERISA based self-insured payments.

**APM Payments for Primary Care:** Payments made to primary care providers (providers associated with taxonomies in the DSG primary care definition), sourced only from the APM submissions.

- Please note that alternative payment models can include some fee-for-service payments. An example of this is LAN category 2C: Pay for Performance. This model rewards providers who perform well on quality metrics or penalizes providers who do not perform well by increasing or decreasing their FFS baseline. For example, suppose the provider is treating a patient with asthma. In that case, the quality measure tied to the provider's performance could be reducing emergency room visits. A provider who can teach an asthma patient how to treat their condition effectively at home and thus reduce the number of trips the patient takes to the emergency department can increase their FFS baseline payments.
- Total Payments for Primary Care: Payments for primary care services as defined in the <u>Data</u> <u>Submission Guide</u> that are tied to a FFS claim or an APM. The calculation includes both the health plan portion and the member (patient) portion. The numbers for this calculation come from two sources: 1) FFS claim-based and APM spending identified as primary care from payers that were required to submit an APM file, and 2) FFS claims that qualify as primary care in the CO APCD for payers exempt from submitting an APM file.
- All Payers: All payers in this report include Medicare Advantage, Medicaid, CHP+ and commercial payers in the CO APCD. Please see below for a list of commercial payers who are exempt from reporting APMs to the CO APCD.
  - **Medicaid and Child Health Plan Plus (CHP+):** Medicaid payer type in this analysis represents individuals only on Medicaid, while CHP+ only represents children and pregnant women on CHP+. The populations are mutually exclusive.
- Integrated Payer-Provider Systems: Filters are available in the report to enable users to understand how Colorado is doing on APMs with and without integrated payer-provider systems payments. Several Colorado payers are structured as integrated payer-provider systems and have a high proportion of APM payments compared to other commercial payers. These payers represent around a quarter of the commercially insured lives in Colorado but drive a large portion of the APM spending in the state.
- Fee for Service (FFS): Payments made to providers on a per-service basis.
- Alternative Payment Models (APM): Payments made to providers outside an FFS model that are intended to incentivize cost-effective, high quality care.
- HCP LAN APM Categories: Nationally recognized categories of APMs based on the Health Care

Payment Learning and Action Network (HCP LAN). See below for definitions or <u>click here</u> for more information.

- Value Based APM Payments: Excludes non-value-based payments, LAN categories 3N and 4N, which are not linked to quality and are therefore not considered value-based.
- **% APM of Total Payments:** Total dollars spent on APMs (provided by payers through an annual APM file), divided by Total Payments (combination of payments received by *all* payers through monthly claim-level submissions to the CO APCD, AND APM files).
- % APM of Total Primary Care Payments: APM payments for primary care services as a percent of total primary care payments.
- % of APM Payments by LAN Category Type: APM categories as a percentage of total APM spending.

Measure	Calculation	
Total Payments (All Medical)	ALL APM payments + FFS payments	
	(includes Primary Care claims)	
Total Primary Care Payments	APM payments for Primary Care Services +	
	FFS payments for Primary Care Services	
All APMs Payments	Includes ALL LAN categories:	
	2A + 2B + 2C+ 3A+ 3B + <b>3N</b> + 4A + 4B+ 4C+ <b>4N</b>	
Value Based (VB) APM Payments	Excludes non-value-based categories (3N and 4N):	
	2A + 2B + 2C+ 3A+ 3B +4A + 4B+ 4C	
% All APM of Total Payments (All Medical)	All APM total ÷ Total Payments (All Medical)	
% Total Primary Care Payments of	(APM payments for Primary Care Services +	
Total Payments	FFS payments for Primary Care Services)	
	÷	
	Total Payments (All Medical)	
% APM VB of Total Medical Payments	APM VB total ÷ Total Payments (All Medical)	
% All APM of Total Primary Care	All APM total for primary care services ÷ All Primary Care Payments	
Payments		
% APM VB of Total Primary Care	are APM VB total for primary care services ÷ All Primary Care Payments	
Payments		
% of APM Payments by LAN	LAN Category ÷ ALL APMs	
Category Type	(excludes FFS payments)	

### **CALCULATIONS**

Note: Payments exclude pharmacy and dental claims.

#### **CONSIDERATIONS AND CAVEATS**

To facilitate the adoption of the HCP LAN framework to define the APM data submission, CIVHC and

DOI held several calls with payers, received expert consultation from Catalyst for Payment Reform, and engaged in one-on-one discussions and technical assistance with payers. In order to validate payer submissions, CIVHC evaluated submissions by payer compared to last year's submissions and also provided a summary of the submissions to payers and asked the CEO/CFO at each organization to attest to their data as submitted. The attestation process helps payers ensure that their data when summarized and analyzed is reflective of what they would expect, and provides an additional level of validation to ensure data quality, integrity, and accuracy. All payers attested to the information submitted in their APM files for the current analysis. The validation process helps ensure the data submitted by the payers provides the most accurate representation of APMs possible. However, because this is self-reported data, CIVHC is unable to ensure 100% accuracy of the results.

Beyond the broad limitations, readers of this report should consider the following:

- Several Colorado payers are structured as integrated payer-provider systems and have a high proportion of APM payments compared to other commercial payers. These payers represent around a quarter of the commercially insured lives in Colorado but drive a large portion of the APM payments in the state. Filters are available in the report to enable users to understand how Colorado is doing on APMs with and without integrated payer-provider system payments.
- CIVHC receives claims and non-claims submissions from both, the Medicaid State Agency, and the Medicaid Regional Accountable Entities organizations. To eliminate redundant payments submitted by Medicaid and the Medicaid Regional Accountable Entities (RAEs), CIVHC asked RAEs only to report non-claim payments made directly to providers. Payments from Medicaid to the RAE/MCOs (i.e., payments from one payer entity to another) were not included in the APM calculations. This eliminates the primary source of data redundancies; however, it makes Medicaid's reported payments through APMs appear lower.
- The definition of primary care relies heavily on provider taxonomy requirements. CIVHC could not validate some payer's claims-based primary care payments data against claims submitted to the CO APCD due to payer differences in associated taxonomy codes for providers. In future iterations, CIVHC plans to use an additional external source to validate providers' primary care designation.

### **PAYER EXEMPTIONS**

A handful of active medical claims submitters to the CO APCD were exempt from submitting an APM file because they are not involved in APM payments to providers. Further, some medical claims submitters only administrate claims on behalf of Medicare Supplemental members, and Medicare Supplemental data is not intended to be included in the APM submission. Payments for these payers are calculated using the CO APCD and reported separately. Below is the list of medical submitters that only reimburse providers on an FFS basis or only submit Medicare Supplemental data:

Carrier	<b>Exemption Reason</b>
United Health Care (Individual, student, and Med Sup submitter	FFS only

codes)	
UMR	FFS only
American Enterprise	FFS only
Friday Health Plans	FFS only
AmeriBen/IEC Group	FFS only
UCHealth Plan Administrators	FFS only
Meritain Health	FFS only
HealthSmart Benefit Solutions	FFS only
HealthScope Benefits	FFS only
Allegiance Benefit Plan Management	FFS only
Humana*	FFS Only
State Farm	Med Sup
Physicians Mutual	Med Sup
USAA Enterprise	Med Sup
Carrier	Exemption Reason
Insurance Administration	Med Sup
C.S.I. Life	Med Sup
Aflac	Med Sup

\*Humana does not use alternative payment models in their commercial line of business and requested a waiver for their Medicare Advantage line of business.

## LAN PAYMENT ARRANGEMENT CATEGORIES

Health Care Payment Learning & Action Network. <u>Alternative Payment Models APM Framework</u>.

Category	Value	Definition/Example	
Code			
	Fee for Service	Payments made on a traditional fee-for-service model, no link to quality and value. These are traditional FFS payments that are not adjusted to account for	
01		infrastructure investments, provider reporting of quality data, for provider performance on cost and quality metrics. Diagnosis- related groups (DRGs) that are not linked to quality are included in Category 1.	
	Foundational	Payments for infrastructure investments that can improve the quality of	
2A	Payments for	patients care (e.g., payments designated for staffing a care coordination nurse	
	Infrastructure	or upgrading to electronic health records).	
	and Operations		
2B	Pay for Reporting	Payments (incentives or penalties) to report quality measurement results.	
2C	Pay-for-Performance	Payments (incentives or penalties) based on performance in meeting goals for quality measures (e.g. bonuses for quality performance).	
		Payments representing a share of the savings generated when a cost or	
3A	APMs with	utilization target is met and if quality targets are met. Does not include	
	SharedSavings	penalties when cost or utilization targets are not met (e.g., shared savings with upside risk only).	

	ADNA with Chanad	Doumonts representing a share of the sources generated when a sector
	APMs with Shared	Payments representing a share of the savings generated when a cost or
	Savings and	utilization target is met and if quality targets are met. Includes penalties
3B	DownsideRisk	representing a portion of the losses that result when a cost or utilization
		target is not met (e.g., episode-based payments for procedures and
		comprehensive payments with upside and downside risk).
	Risk Based	Payments representing a share of savings generated when a cost or utilization
3N	PaymentsNOT	target is met and no quality targets exist (e.g., episode-based payments for
	Linked to Quality	procedures without quality measures and targets).
	Condition-	Payments for the comprehensive treatment of specific conditions (e.g.,
	Specific	payments for specialty services, such as oncology or mental health). Bundled
	Population-	payments for cancer care fall under Category 4A if providers are responsible
4A	Based Payment	for the total cost and quality of care for a patient, rather than covering only
		chemotherapy payments. Also, payments that are prospective and population-
		based and cover all care delivered by particular types of clinicians (e.g.,
		orthopedics).
	Comprehensive	Payments that are prospective and population-based, and cover all an
	Population-	individual's health care needs. Category 4B encompasses a broad range of
4B	BasedPayment	financing and delivery system arrangements, in which payers and providers are
		organizationally distinct, (e.g. global budgets or full/percent of premium
		payments).
Catagory	Value	Definition/Example
Category Code	value	
Coue		
4C	Integrated Finance	Payments that also cover comprehensive care, but unlike Category 4B
40	and Delivery System	payments, they move from the financing arm to the delivery arm of the same,
	and Derivery System	highly integrated finance and delivery organization. In some cases, these
		integrated arrangements consist of insurance companies that own provider
		networks, while in other cases they consist of delivery systemsthat offer their
		own insurance products (e.g. global budgets or full/percent of premium
		payments in integrated systems)
4N	Capitated Payments	Payments that are prospective and population-based, but not linked to quality.
41N	NOT linked to Quality	ayments that are prospective and population-based, but not inited to quality.

For more information about this report, please contact us at info@civhc.org

Taxonomy Code	Description	Taxonomy Type
261QF0400X	Federally Qualified Health Center	Organization
261QP2300X	Primary care clinic	Organization
261QR1300X	Rural Health Center	Organization
261QC1500X	Community Health	Organization
261QM1000X	Migrant Health	Organization
261QP0904X	Public Health, Federal	Organization
261Q\$1000X	Student Health	Organization
207Q00000X	Physician, family medicine	Individual
207R00000X	Physician, general internal medicine	Individual
208000000X	Physician, pediatrics	Individual
208D00000X	Physician, general practice	Individual
363LA2200X	Nurse practitioner, adult health	Individual
363LF0000X	Nurse practitioner, family	Individual
363LP0200X	Nurse practitioner, pediatrics	Individual
363LP2300X	Nurse practitioner, primary care	Individual
363LW0102X	Nurse practitioner, women's health	Individual
363AM0700X	Physician's assistant, medical	Individual
207RG0300X	Physician, geriatric medicine, internal medicine	Individual
2083P0500X	Physician, preventive medicine	Individual
364S00000X	Certified clinical nurse specialist	Individual
163W00000X	Nurse, non-practitioner	Individual
207QG0300X	Allopathic & Osteopathic Physicians/Family Medicine, Geriatric Medicine	Individual

#### PRIMARY CARE PROVIDER TAXONOMIES

Taxonomy Code	Description	Taxonomy Type
207QA0000X	Family Medicine - Adolescent Medicine	Individual
207QA0505X	Family Medicine - Adult Medicine	Individual
207QB0002X	Family Medicine - Obesity Medicine	Individual
207QG0300X	Family Medicine - Geriatric Medicine	Individual
207QS0010X	Family Medicine - Sports Medicine	Individual
207RA0000X	Internal Medicine - Adolescent Medicine	Individual
207RB0002X	Internal Medicine - Obesity Medicine	Individual
207RS0010X	Internal Medicine - Sports Medicine	Individual
2080A0000X	Pediatrics - Adolescent Medicine	Individual
2080B0002X	Pediatrics - Obesity Medicine	Individual
2080S0010X	Pediatrics - Sports Medicine	Individual
363LC1500X	Nurse Practitioner - Community Health	Individual
363LG0600X	Nurse Practitioner - Gerontology	Individual
363LS0200X	Nurse Practitioner - School	Individual
364SA2200X	Clinical Nurse Specialist - Adult Health	Individual
364SC1501X	Clinical Nurse Specialist - Community Health/Public Health	Individual
364SC2300X	Clinical Nurse Specialist - Chronic Health	Individual
364SF0001X	Clinical Nurse Specialist - Family Health	Individual
364SG0600X	Clinical Nurse Specialist - Gerontology	Individual
364SH1100X	Clinical Nurse Specialist - Holistic	Individual
364SP0200X	Clinical Nurse Specialist - Pediatrics	Individual
364SS0200X	Clinical Nurse Specialist - School	Individual
364SW0102X	Clinical Nurse Specialist - Women's Health	Individual
207V00000X	Physician, obstetrics and gynecology	OB/GYN
207VG0400X	Physician, gynecology	OB/GYN
363LX0001X	Nurse practitioner, obstetrics and gynecology	OB/GYN
367A00000X	Physician Assistants & Advanced Practice Nursing Providers/Midwife, Certified Nurse	OB/GYN
207VX0000X	OB/GYN- Obstetrics	OB/GYN

#### **OTHER PRIMARY CARE PROVIDER TAXONOMIES**

Taxonomy Code	Description	Taxonomy Type
363L00000X	Nurse practitioner	Nurse Practitioner
363A00000X	Physician's assistant	Physician's Assistant
2084P0800X	Physician, general psychiatry	Behavioral Health
2084P0804X	Physician, child and adolescent psychiatry	Behavioral Health
363LP0808X	Nurse practitioner, psychiatric	Behavioral Health
1041C0700X	Behavioral Health & Social Service Providers/Social Worker, Clinical	Behavioral Health
2084P0805X	Allopathic & Osteopathic Physicians/ Psychiatry & Neurology, Geriatric Psychiatry	Behavioral Health
2084H0002X	Allopathic & Osteopathic Physicians/ Psychiatry & Neurology, Hospice & Palliative Medicine	Behavioral Health
261QM0801X	Ambulatory Health Care Facilities/Clinic/Center, Mental Health- CMHC	Behavioral Health
101Y00000X	Counselor	Behavioral Health
101YA0400X	Counselor - Addiction (SUD)	Behavioral Health
101YM0800X	Counselor - Mental Health (Note: Counselor working in MAT programs in FQHC)	Behavioral Health
101YP1600X	Counselor - Pastoral	Behavioral Health
101YP2500X	Counselor - Professional (Note: Counselor in FQHC)	Behavioral Health
101YS0200X	Counselor – School	Behavioral Health
102L00000X	Psychoanalyst	Behavioral Health
103T00000X	Psychologist (Note: Clinical Psychologist in FQHC)	Behavioral Health
103TA0400X	Psychologist - Addiction	Behavioral Health
103TA0700X	Psychologist - Adult Development and Aging (Note: Clinical Psychologist in FQHC)	Behavioral Health
103TB0200X	Psychologist - Cognitive and Behavioral	Behavioral Health
103TC0700X	Psychologist - Clinical	Behavioral Health
103TC1900X	Psychologist - Counseling	Behavioral Health
103TC2200X	Psychologist - Clinical Child & Adolescent	Behavioral Health
103TE1000X	Psychologist - Educational	Behavioral Health
103TE1100X	Psychologist - Exercise & Sports	Behavioral Health
103TF0000X	Psychologist - Family	Behavioral Health
103TH0004X	Psychologist - Health	Behavioral Health

Taxonomy Code	Description	Taxonomy Type
103TH0100X	Psychologist - Health Service	Behavioral Health
103TM1700X	Psychologist - Men & Masculinity	Behavioral Health
103TM1800X	Psychologist - Mental Retardation & Developmental Disabilities	Behavioral Health
103TP0016X	Psychologist - Prescribing (Medical)	Behavioral Health
103TP0814X	Psychologist - Psychoanalysis	Behavioral Health
103TP2700X	Psychologist - Psychotherapy	Behavioral Health
103TP2701X	Psychologist - Group Psychotherapy	Behavioral Health
103TR0400X	Psychologist - Rehabilitation	Behavioral Health
103TS0200X	Psychologist - School	Behavioral Health
103TW0100X	Psychologist - Women	Behavioral Health
104100000X	Social Worker	Behavioral Health
1041S0200X	Social Worker - School	Behavioral Health
106H00000X	Marriage & Family Therapist (Note: Psychotherapist in FQHC)	Behavioral Health

## PRIMARY CARE SERVICES (CPT-4 PROCEDURE CODES)

Procedure Code	Description	
10060	DRAINAGE OF SKIN ABSCESS	
10061	DRAINAGE OF SKIN ABSCESS	
10080	DRAINAGE OF PILONIDAL CYST	
10120	REMOVE FOREIGN BODY	
10121	REMOVE FOREIGN BODY	
10160	PUNCTURE DRAINAGE OF LESION	
11000	DEBRIDE INFECTED SKIN	
11055	TRIM SKIN LESION	