



# **Data Release Review Committee (DRRC)**

## **CO APCD Data Requests Summary**

### **Meeting: January 6, 2021**

#### **21.49 AspenPointe- Gaps in Care and Services Market Analysis**

##### **Project Purpose:**

As the nonprofit Community Mental Health Center for El Paso, Park and Teller Counties, it is incumbent upon us (our board and leadership) to conduct an honest and comprehensive assessment of our region to identify mental health and substance use disorder needs in the community where gaps in services exist due to lack of providers, transportation and technological challenges, and/or cost of care.

##### **Specific Aims:**

1. What is the volume of clients seeking mental health and substance treatment within the counties we serve of El Paso, Teller & Park Counties and what are the primary diagnoses? How has that changed since COVID?
2. What types of services and modalities are clients seeking, and what services are declining in demand, likely because they don't add value for the patient or are no longer relevant?
3. What other mental health and substance treatment providers are in the area, where are they practicing, and, more importantly, where do healthcare gaps (deserts) exist in our catchment area that we can cover as the CMHC?
4. Are there increases and decreases in mental health ailments, diagnoses and associated treatment offerings that would be considered and incorporated into any plans to expand services in order to cover gaps?
5. Any other trends that are the result of living in a popular relocation state such as age, race, ethnicity or insurance providers?

##### **Type of Data Requested:**

Limited Data Set- dates of service and zip code