

Innovations in Advance Care Planning in Colorado



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SCHOOL OF MEDICINE
Division of Geriatric Medicine

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

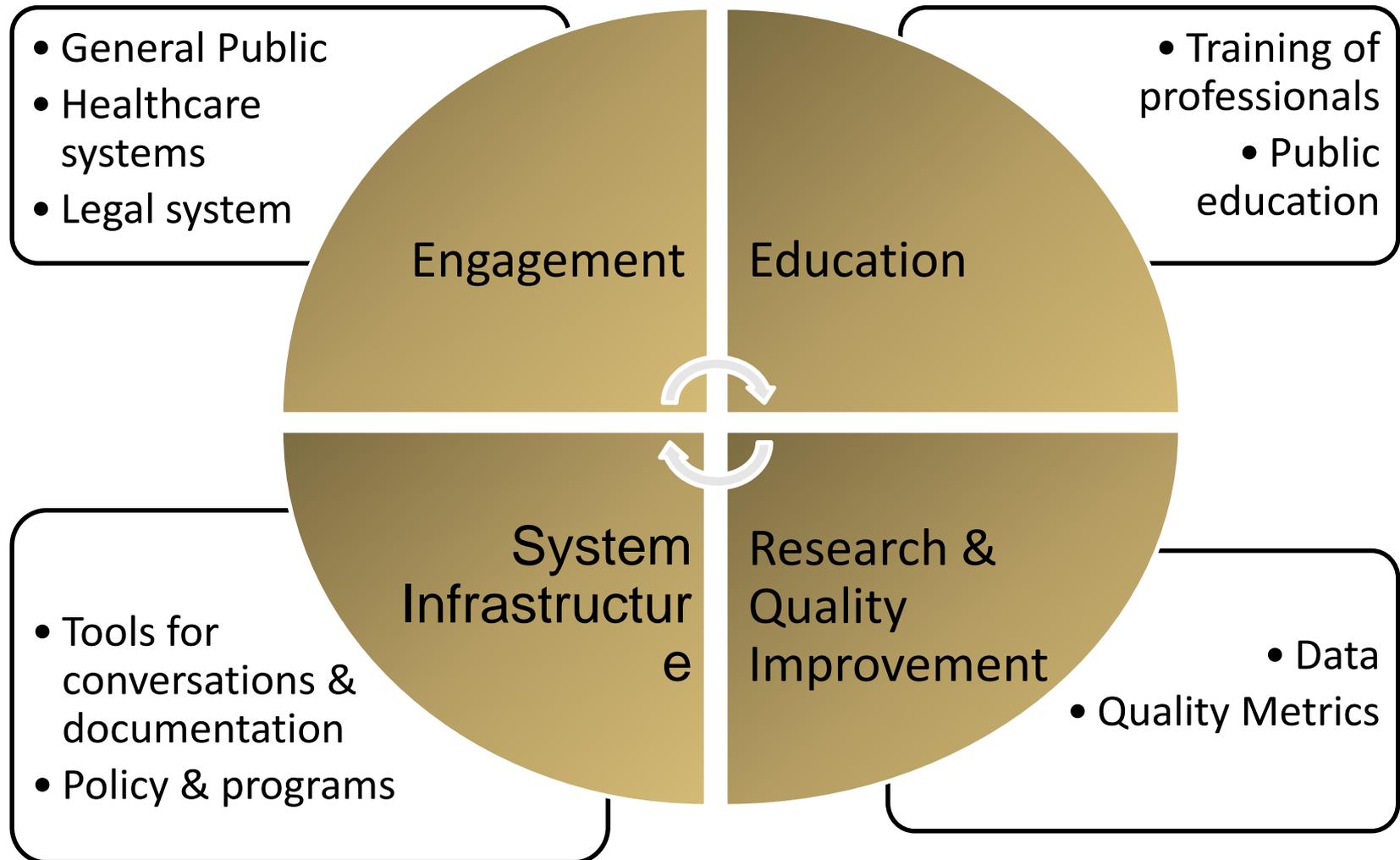
Percentage of people with advance directives



Older adults	66.4%	45.6%
Younger adults	29.3%	31.6%
All ages	35.7%	36.7%

Source: Colorado Health Access Survey, 2017; Health Affairs, 2017

LEVERS OF CULTURE CHANGE FOR ACP



Where are we currently?

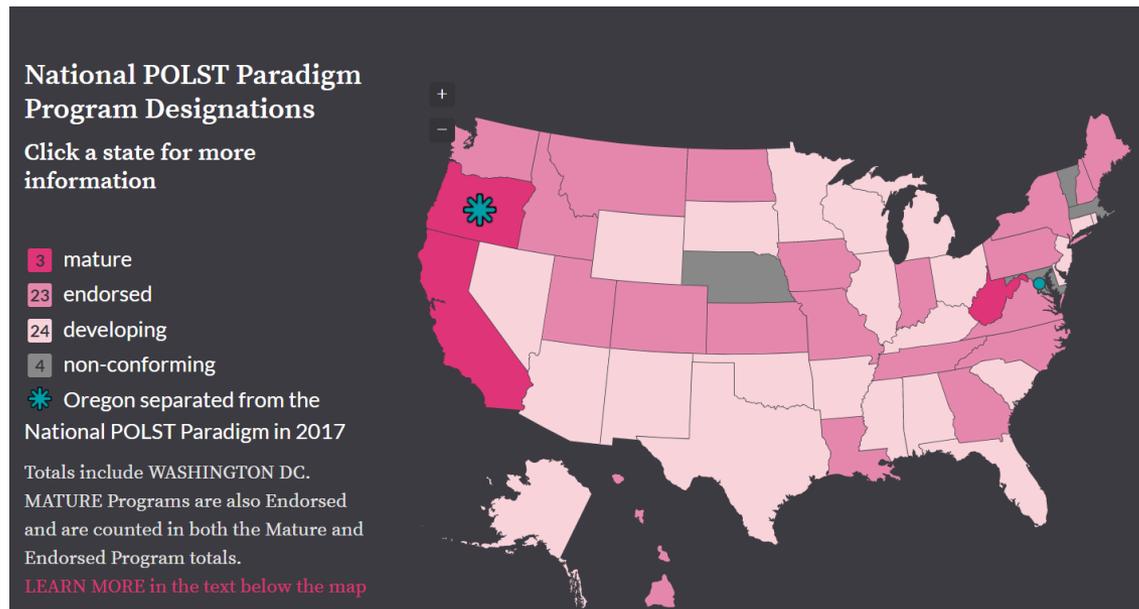
- How do you or your organization currently engage people in advance care planning?
- What challenges do you face related to advance care planning?



Colorado MOST Program

Description: CIVHC is the administrative home.

- Quarterly standing agenda item at CIVHC's ACP Workgroup meeting
- **Next Meeting – March 7, 2:30 PM**



Contacts:

Member, Alissa Schramm - alissa@compasscaresforseniors.com

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The Conversation Project Boulder County

Description: A Boulder County organization that provides community-based advance care planning

Initiatives and Projects

- 45-75 Initiative - Conversation Parties! Led by staff and volunteers, coaches
- Thoughtful Endings – A 5 session series on end of life planning sponsored by the Gunbarrel Faith Partnership and the Conversation Project.
- Homeless initiative (Funded by the Colorado Health Foundation)

Contacts:

Constance Holden –

constance@theconversationprojectinboulder.org

Kim Mooney –

kim@theconversationprojectinboulder.org

<http://theconversationprojectinboulder.org/>



ACP Project of Larimer County

Description: Provides assistance in developing best practice systems and procedures within community organizations to enhance and foster a culture of advance care planning

Initiatives and Projects

- Book Club for Mortals
- A Library for advance directives (Funded by the Colorado Health Foundation; NextFifty initiative)



Contact:

Mindy Rickard - mrickard@healthdistrict.org <https://www.larimeradvancecare.org/>

Tomorrow's Choices

Description: Tomorrow's Choices is a CO nonprofit 501(c)(3) whose mission it is to provide: Educational programs that empower individuals to make informed end-of-life decisions, Consultation for end-of-life planning, and Coordination with community groups and other organizations.

Projects and Initiatives

- Workshops at libraries, senior centers, and churches
- Death Café



Contact:

John Lobitz - johnlobitz@gmail.com <https://www.tomorrowschoices.org/>

Colorado Gerontological Society

Description: The Colorado Gerontological Society is a not-for-profit 501(c)(3) organization that provides advocacy, information and assistance to Colorado seniors as well as education and networking for aging professionals since 1980. ACP initiative funded by the Colorado Health Foundation

Projects and Initiatives:

- Advance Care Planning
- New to Medicare Workshops
- Health Literacy Toolkit
- Life Care Planning Classes
- Benefits for Seniors Workshops
- Dental Grants
- Hearing Grants
- Vision Grants

Contacts:

Maria Madrid - maria.madrid@senioranswers.org <https://www.senioranswers.org/>



The screenshot displays the Colorado Gerontological Society website. At the top right is the logo with the text "COLORADO GERONTOLOGICAL SOCIETY BUILDING LEADERSHIP IN AGING". Below the logo is a navigation menu with links: "The Society", "Programs & Projects", "Publications", "Events", and "Community Res". The main content area features two images. The left image, titled "Leadership in Diversity", shows three people (two women and one man) looking at a document together. The right image shows a man speaking at a podium in front of a screen displaying "MEDICARE PART A AND PART B" with a list of bullet points: "IF YOU ARE AUTOMATICALLY ENROLLED, YOU WILL RECEIVE YOUR MEDICARE CARD IN THE MAIL 3 MONTHS BEFORE YOUR 65th BIRTHDAY OR YOUR 25th MONTH OF DISABILITY", "YOU NEED TO SIGN UP FOR PART A AND PART B", "YOU AREN'T RESPONSIBLE FOR PAYING SOCIAL SECURITY FOR THIS BENEFIT", "YOU QUALIFY FOR MEDICARE PART B IF YOU HAVE END-STAGE RENAL DISEASE", and "YOU LIVE IN A STATE THAT REQUIRES YOU TO SIGN UP FOR PART B YOUR FIRST YEAR PART B".

Colorado Care Planning



Description: A free, public website to help Coloradans find information for future medical planning, including choosing a medical decision maker. Funded by the Colorado Health Foundation.



ROADMAP

Follow this roadmap for guidance through the advance care planning process. Each stop along the way provides you with information to help you choose which steps and documents are right for you.

[READ MORE](#)



WHAT IF I...

Everyone has their own personal journey, and often our journeys have different needs. Check out this page for tailored resources on what makes you, you. For example, "What if I am a Veteran" and "What if I need an Advance Directive in Spanish".

[READ MORE](#)



COLORADO COMMUNITY RESOURCES

Advance care planning may bring up additional topics such as housing, caregiving and insurance. Use this page to find resources near you such as housing, caregiving and insurance.

[READ MORE](#)

Contact:

Hillary Lum – Hillary.Lum@ucdenver.edu <https://coloradocareplanning.org/>

Advance Care Planning Group Visits

Description: Group visits to promote advance care planning in primary care clinic. These group visits are available in UHealth Denver Metro Primary Care.



Engage patients in interactive discussions of advance care planning concepts



Emphasize education and support through group dynamics

ENACT Group Visits Intervention



Support patient-initiated advance care planning actions and outcomes

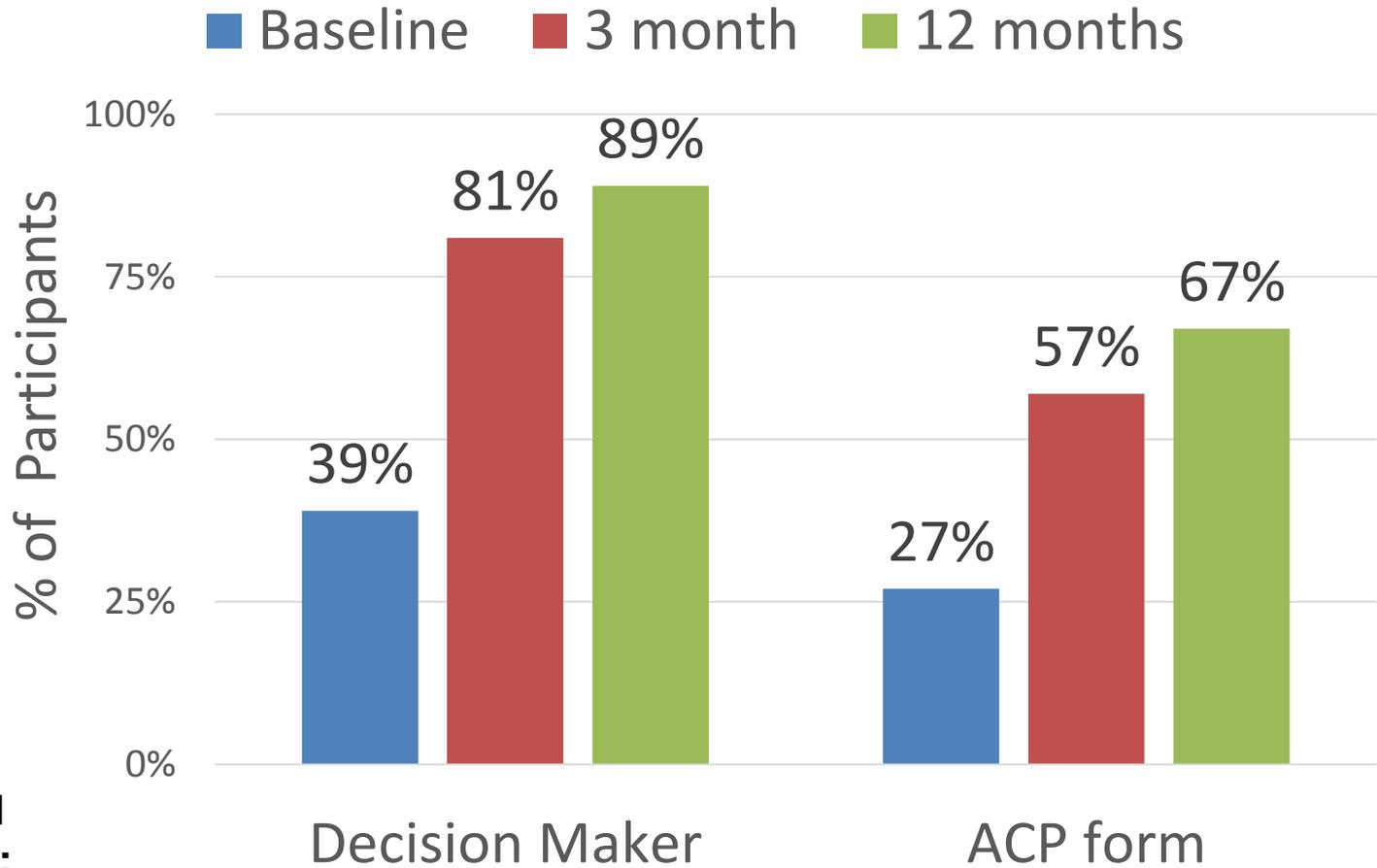


Use standard outpatient billing codes and documentation



Lum HD, Jones J, Matlock DD, et al. (2016) "Advance Care Planning Meets Group Medical Visits: The Feasibility of Promoting Conversations." *Annals of Family Medicine*.

University of Colorado Primary Care Results: ACP documentation



**Medical Record
Documentation:**

Lum HD et al. A Group Visit Initiative Improves Advance Care Planning Documentation among Older Adults in Primary Care. *J Am Board Fam Med.* 2017;30(4):480-490.

Design and Implementation of Patient Portal–Based Advance Care Planning Tools

Hillary D. Lum, MD, PhD, Adreanne Brungardt, MM, MT-BC, Sarah R. Jordan, MA, Phoutdavone Phimphasone-Brady, PhD, Lisa M. Schilling, MD, MSPH, Chen-Tan Lin, MD, Jean S. Kutner, MD, MSPH

Phase 1 (May 2017)

- New Webpage
- Online Message for ACP questions to centralized team

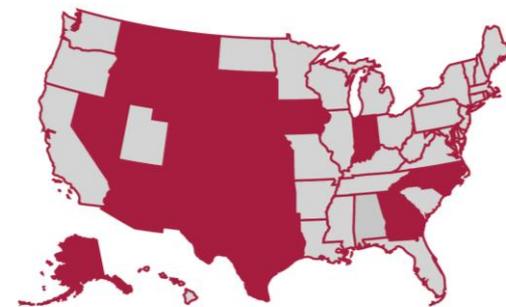
Phase 2 (July 2017)

- Electronic Medical Durable Power of Attorney
(includes messages to provider and patient)

Phase 3 (Oct 2017)

- Display advance directives to patient via patient portal

- Since July 2017, 4138 patients have used the tools
- 3876 have completed an MDPOA form



Patient residences represent
17 States

Advance Care Planning Certification Program

Partnership of The Denver Hospice and University of Colorado

Description: Train lay individuals in communication skills to initiate quality ACP conversations in the community

Funded by the Colorado Health Foundation; Next50initiative



Rapport, establish rapport

Explore other person's circumstances

Listen for goals

Adapt to needs, values and priorities

Tailor next steps

Empower action

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<https://thedenverhospice.org/>

Do you have a next step?

- How will you increase how you engage others in advance care planning?



Thank you!

- Patient and Family Advisors
- CIVHC & the ACP Workgroup
- UCH Seniors Clinic staff
- UCHealth Operational Partners
- Sue Felton, Dana Lahoff, Sarah Jordan, Adreanne Brungardt, Andrea Daddato
- Carey Candrian, PhD; Susan Lasker-Hertz, RN; Dan Matlock, MD; Lierin Flanagan, MSW
- Pat Schulof, LCSW & Kirbie Hartley, LSW
- Ingrid Lobo, MD & John Scott, MD
- Mentors, colleagues, & community partners



National Institute
on Aging



The Colorado Health Foundation™



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