

Chronic Condition Spotlight

Hypertension



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Chronic conditions are long-lasting health problems, typically lasting a year or more and require ongoing medical care. They are also among the leading causes of death and disability in the United States. In Colorado, 22% of the state's population has a chronic condition, and most of them (68%) are managing more than just one.

CIVHC's research team created a comprehensive [Chronic Conditions Analysis](#) that sheds light on 30 chronic diseases to reveal trends in prevalence, costs, and overall spending from 2017 to 2023.

Below is a spotlight on the prevalence and trends of hypertension, **the most prevalent chronic condition impacting adults from Colorado, at 11.2% of the the eligible population.** This information was pulled from data published in the full report. Visit our website at civhc.org to learn more.



Hypertension Colorado Trends & Analysis

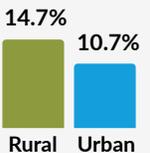
From 2017 - 2023, average per person per year (PPPY) costs for adults with hypertension increased by 30%



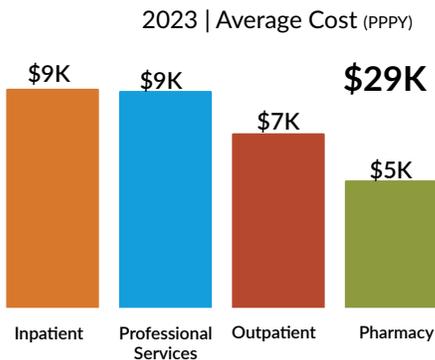
Of adults aged 65 years and older, 35.2% had the disease compared to 11.2% overall. This was a decrease from 2017 (39.8%)



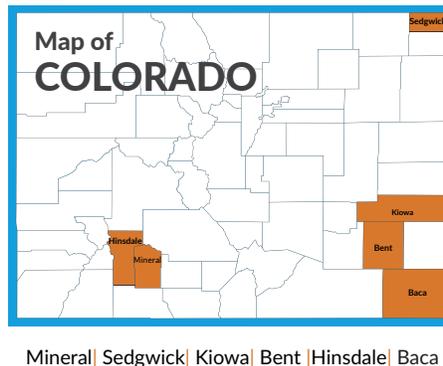
Rural communities had a higher percentage of adults with hypertension than those in urban areas



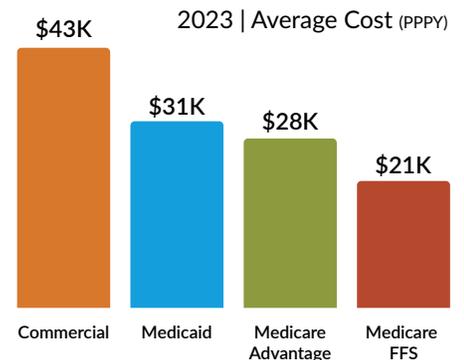
Spending Analysis



Highest Prevalence by County



Spending by Insurer Type



About the Findings

CIVHC's Chronic Conditions Analysis leverages data from the Colorado All Payer Claims Database (CO APCD). The costs shown reflect the total health care costs per person per year (PPPY), not just the cost to treat the condition itself. The map of Colorado represents hypertension prevalence for the eligible population of claimants in CO APCD. Unless otherwise noted, stats reflect 2023 data.